The Story Paradigm

By David Wall

The Story Paradigm is a basic reflection of a 3 ACT story of a film/play. The structure is designed to help service users/participants to give structure to tell a story about themselves or to answer interview questions, in particular "What is your greatest weakness?".

1. **Establish**
   This is the starting point where you establish situation, location and people involved
2. **Conflict/challenge**
   The task or the issue faced by the storyteller
3. **Resolution**
   How the task/issue was resolved

Establish		• *Where are you?* • *What are you doing* • *Why are you there?*
Conflict/ Challenge		• *What do you have to do?* • *How do you feel about the task?*
Resolution		• What were the steps that you did take? • Who did you have talk to? • What skills and abilities did you use?